

## 2023 Outlook Goodbye TINA (There is No Alternative)

January 2023

### **Key Observations**

- Our capital market forecasts increased across all asset classes, most materially in fixed income given the change in yields over 2022.
- The three themes we see driving the market Persistent Volatility, Moderating Inflation and a Bear Market Bottom will come to life over different time periods in 2023 and beyond.
- Year-over-year we are adding to high quality fixed income and high yield primarily by reducing dynamic bonds, slightly increasing the duration of our portfolio. We continue to advocate for exposure to U.S. mid and small cap equities, as well as non-U.S. equity.

Our investment views are based on a simple idea: as facts change, so may our outlook. The last few years have been an interesting period for this ethos as our annual outlook is beginning to feel like a game of ping-pong, oscillating between bulls and bears, as the environment shifts around us. Our 2021 outlook, *Poised for Growth*, discussed optimism as the proverbial economic doors swung open as COVID eased. *Navigating Moderation*, our 2022 outlook, moved in the other direction, calling for volatile markets based on (among other factors) persistent inflation, the Fed stepping on the economic breaks and market valuations and expectations set for perfection. In this outlook, *Goodbye TINA (There Is No Alternative)*, we find ourselves on the other side of the market pendulum, seeing greater opportunity in 2023, albeit amidst a period of considerable uncertainty. Our outlook is tempered with humility and pragmatism, recognizing the future remains uncertain, as it always has. However, as the market dynamics have changed, so have our opinions, and we are excited to share our view for 2023 and beyond.



10-Year Marke	et Forecasts	2023	2022	Y / Y Change	
Fixed Income	The 2022 pull back in fixed income was painful, but it has also sowed the seeds for opportunity going forward. Yields across many fixed income sectors are multiple times higher from year-end 2021 producing greater opportunity for meaningfully higher returns in the years to come. Additionally, the diversifying principles of fixed income with recharged yields make owning fixed income and duration more compelling than it was in 2022 and may add to portfolio resiliency going forward.	U.S. Bonds TIPS Dynamic Bonds High Yield Bonds Global Bonds Muni Bond <sup>2</sup> Muni High Yield	5.0% 4.6% 5.6% 7.1% 5.1% 5.8% 9.9%	1.7% 1.3% 2.0% 3.7% 1.4% 1.2% 4.9%	3.3% 3.3% 3.6% 3.4% 3.6% 4.6% 5.1%
Global Equity	Our global equity outlook has improved, bolstered by more attractive valuations. U.S. valuations are near averages relative to history while International and Emerging Markets remains more attractive, but with elevated risks.	U.S. All Cap Intl Developed Equity Emerging Markets	6.7% 8.9% 10.8%	5.9% 7.7% 9.6%	0.9% 1.2% 1.2%

<sup>1)</sup> Dynamic bonds are a blend of 33% Cash, 33% Corp HY, and 34% Global Bonds. 2) Tax Equivalent yield based on highest marginal Federal tax rate (37%).

Source: Fiducient Advisors Capital Market Assumptions. Market and economic data including, but not limited to valuations, fixed income yields and inflation are used to derive forecasts. Outputs and opinions are as of the date referenced and are subject to change. Information is intended for general information purposes only and does not represent any specific investment recommendation. Please consult with your advisor, attorney and accountant, as appropriate, regarding specific advice. There is no guarantee that any of these expectations will become actual results.

For additional information on forecast methodologies, please speak with your advisor. Please see Index Proxy Summary information at the end of this paper for summary of indices used to represent each asset class.

## **2023 Themes**

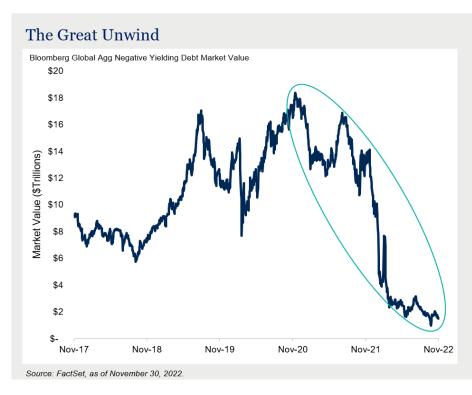
Rarely do market themes fit neatly into a calendar year and 2023 is no exception. However, there are three distinct themes in markets today which we believe are likely to unfold over varying time periods. Therefore, our views are presented as if they were three acts of a play. The first act is one in which changes are just beginning and will have long-term implications yet to be fully appreciated. The middle act is one in which change is obvious, but the resolution is not imminent. In the final act, we believe events are more likely to take place in the near term.



### **First Act: Persistent Volatility**

In the first act of a play, facts and circumstances are often revealed about a character which in time will shape their path, but careful attention needs to be paid to see how these early clues may shift their trajectory. We view the reversal of zero-bound interest rates and the unraveling of globalization as those pivotal moments leading to higher long-term volatility for both stocks and bonds.

The last 10+ years in markets have been unique compared to long-term history. One could describe markets since the Global Financial Crisis as having low interest rates, low inflation and low growth coupled with maximum accommodation and maximum liquidity. These conditions have led to abnormally low volatility and have encouraged additional risk taking or TINA, the acronym for "there is no alternative" (to owning more equity). We believe that reversing some, but not all, of these conditions may produce higher structural volatility across multiple asset classes. Additionally, these shifts may also mean that investors expecting the playbook of the last 10 years to be the same for the next 10 may be disappointed.



Quantitative tightening, low interest rates and low inflation sowed the seeds for low volatility and pushed investors out the risk spectrum. The recent reversal of these conditions can be symbolized by reversal of negative yielding debt globally.

We believe a return to more normal financial conditions may also produce greater volatility within and across asset classes making risk management and asset allocation even more important than it has been in the recent past.



### Portfolio Impact

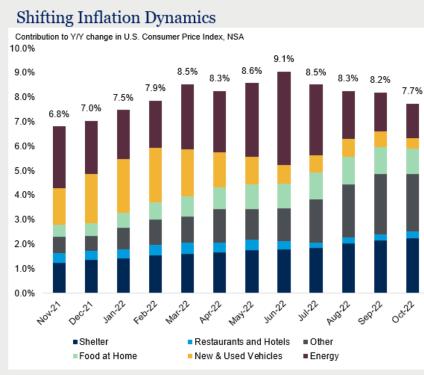
Resiliency, risk management and humility all come to mind as important components of allocations. As a result, our 2023 allocations include increased exposure to high-quality and intermediate-duration U.S. fixed income. While fixed income lacked its historical diversification benefits in 2022, we believe with recharged higher yields and greater volatility in equity markets, fixed income may retake its historical position of diversifying equity exposure.

Additionally, while valuations would compel us to continue to increase our weighting to non-U.S. equity, we are holding our year-over-year allocation flat based on the greater potential for exogenous events outside of the United States. Non-U.S. equity remains attractive, but risk management compels us to temper that view.

## **Middle Act: Moderating Inflation**

In the middle of the play, rising conflict is obvious, but the resolution has yet to take hold. These inflection points often leave the audience uneasy about the future. Inflation, and the Fed's role in moderating it, is in its middle act. It is unlikely the curtain will drop on inflation in 2023 falling straight to the Fed's target of 2%. However, that is not what is required for a market bottom or for the Fed to pause. We simply need the path to resolution to be illuminated. So, while inflation may moderate over the years to come, its pivotal moment in market sentiment may be closer at hand.





The impact of higher interest rates is just beginning to take hold with goods inflation moderating, but services picking up steam.

Owners equivalent rent, the largest single component of the CPI basket at~24% has not seen the same repricing as housing prices which typically react faster. Shelter contributed roughly 30% to the most recent CPI print compared to only 18% a year ago. As monetary policy actions begin to affect prices on a lagged basis, we may see further moderations of inflation figures which may allow the Fed to slow or stop the assent of interest rates.

Sources: FactSet, BLS, Fiducient Advisors calculations. As of October 31, 2022. Data based on U.S. Consumer Price Index (CPI) All Items, Not Seasonally Adjusted.

### Portfolio Impact

The good news/bad news of inflation moderating, but not immediately, highlights our points above regarding resiliency. The path is unlikely to be smooth, but seemingly in the right direction.

As inflation moderates, and the Federal Reserve becomes less hawkish (pausing rate hikes and eventually reducing the Fed Funds rate), the multi-decade strength we've seen in the U.S. dollar should begin to soften, supporting international developed and emerging market equities. Current levels of interest rates and moderating inflation also support our increased exposure to high-quality U.S. fixed income.



#### **Final Act: Bear Market Bottom**

In the final act, we fully grasp the conflict and perhaps even see what is necessary for resolution but are uncertain quite how it will play out. We believe we are in a similar place with markets bottoming. Let's first build context around bear markets. Since 1950, the average pullback of 20% or more has lasted approximately 14 months; the longest of these was 31 months from March 2000 to October 2002. The shortest drawdown was less than two months in 2020. While there is no such thing as an average bear market, with history as a guide, our 11-month-old bear market is likely closer to its end than its beginning.

Now, how do bear markets typically unfold? The most common pattern is multiple contraction. This leads markets lower first, then the Fed ends a hiking cycle or begins an easing cycle and finally, earnings and expectations fall, creating a new base from which to build healthy forward expectations.

Index prices can be broken down into two primary components, earnings per share (EPS) and multiples. EPS is the economic value created by businesses and what investors are buying. Multiples are how much an investor is willing to pay for those earnings. Multiples are often driven by sentiment and are one of the first things reflected in prices. Corporate earnings, on the other hand, are backward-looking. Moreover, the impacts on businesses from higher interest rates and/or slowing demand takes time to appear in financial statements. Therefore, the typical pattern of bear markets is multiple contraction first, leading the market lower, followed by earnings.

This has certainly been the case in 2022. Multiple contraction has accounted for more than 100% of the pullback as earnings remain modestly positive so far in 2022. The question remains, what role will earnings play in the market bottoming this time around?



Market Peak	Earnings Peak	Days Different	Market Trough	Earnings Trough	Days Different	Market Peak- to-Trough	EPS Peak-to- Trough			
			Recessiona	ry Pullback						
Mar. 24 00	Aug. 7 00	136	Oct. 9 02	Dec. 17 01	-296	-49.1%	-17.5%			
Oct. 9 07	Nov. 1 07	23	Mar. 9 09	May. 8 09	60	-56.8%	-39.3%			
Feb. 19 20	Jan. 30 20	-20	Mar. 23 20	May. 15 20	53	-33.9%	-20.6%			
Average:		46			-61	-47%	-26%			
Jul. 17 98	Sep. 29 98	74	Aug. 31 98	Jan. 4 99	126	-19.3%	-2.6%			
May. 21 14	Oct. 7 14	139	Aug. 25 15	Feb. 6 15	-200	-7.2%	-5.5%			
Nov. 3 15	Sep. 8 15	-56	Feb. 1 16	Mar. 1 16	29	-13.3%	-3.2%			
Sep. 20 18	Dec. 6 18	77	Dec. 24 18	Feb. 1 19	39	-19.8%	-2.3%			
Average:		59			-2	-15%	-3%			
Today										
Jan. 3 22	Jul. 12 22	190	Sep. 20 22*	Sep. 20 22*		-25.2%	-1.4%			

\*Dates do not refect actual trough, but as of dates for September 20, 2022 for compartitive purposes

Source: Franklin Templeton, September 30, 2022

As shown in the table, there is a meaningful difference in the earnings impact in recessionary versus non-recessionary environments. Our expectation remains that if a recession takes place, it will be a modest and cyclically-led recession rather than one driven by structural imbalances like during the Global Financial Crisis or an exogenous factor like COVID-19.

With that in mind, second and third quarter earnings are beginning to reflect a potential modest economic contraction. In fact, second quarter earnings ex-energy were down 4.0% (up 6.2% with energy) and third quarter earnings with 99% of companies reported show earnings ex-energy down another 5.0% (up 2.5% with energy) <sup>1</sup>. Why ex-energy? Russia's invasion of Ukraine propelled commodity prices up, pushing earnings for the sector up 137.3<sup>1</sup>% year-to-date. This is unique the energy sector and is not reflective of the rest of the market. All of this compares to earnings expectations (as late as June of this year) of 10.8% earnings growth for third quarter 2022.<sup>2</sup> We wrote in our 2022 Outlook that these lofty expectations were a potential source of volatility as reality may not be as rosy and that has proven to be the case. All in, earnings are beginning to reflect the economic reality of a moderating economy. This is a healthy step forward for a bear market bottom and again suggests we are nearer the end than the beginning.

<sup>&</sup>lt;sup>1</sup> FactSet Earnings Insight. As of December 2, 2022

<sup>&</sup>lt;sup>2</sup> FactSet Earnings Insight. As of June 24, 2022



Finally, what role does the Fed play in all of this? To no surprise, given the Fed focus this year, an important one in our view. History has shown us markets tend to bottom after the Fed is done raising rates. Intuitively this makes sense. If the Fed is raising rates, they are proactively looking to cool economic activity.

Trough	Duration of Drawdown	S&P 500 Drawdown	Recession	Market Trough before/after Rate Increases Stopped	Month(s) Before or After
Oct-74	21	-48.00%	Yes	After	13
Aug-82	21	-27.00%	Yes	After	51
Dec-87	4	-34.00%	No	After	8
Oct-90	3	-20.00%	Yes	N/A	N/A
Oct-02	31	-49.00%	Yes	After	74
Mar-09	17	-57.00%	Yes	N/A	N/A
Mar-20	1	-34.00%	Yes	N/A	N/A
Average Ti	me				34

Source: Franklin Templeton, September 30, 2022

Yet given their dual mandates of price stability and full employment, the operative word is cool, not kill. When the Fed sees modest success in controlling inflation, they will stop or pause. However, the full effect of higher rates takes some time to work through businesses and markets. It is a bit like turning the shower handle to change the temperature: you have to wait a second to see if you got it right. Therefore, businesses are often amidst contraction when the Fed stops increasing rates. It is certainly conceivable that the market bottoms before the Fed officially stops as it tapers back from 0.75% moves to 0.50% or less. However, the market is less likely to bottom if the Fed is accelerating or maintaining its hawkish stance.





Price multiple declines often lead earnings while bear markets unfold as is the case this year. Multiples have contracted, but earnings, at the surface have remained modestly positive. However, if we dive deeper, strength in the energy sector (over 100 percent earnings growth so far in 2022) is buoying the rest of the market.

As such, earnings across the rest of the market are already beginning to reflect a pullback similar to those seen in pervious, non-recession led, bear markets. This repricing helps set the stage for a bear market bottom.

Source: FactSet, Fiducient Advisors analysis. As of November 30, 2022. December 31, 2021 = 100. Use of Indices and Benchmark Return Indices cannot be invested in directly. Index performance is reported gross of fees and expenses. Past performance does not indicate future performance and there is a possibility of a loss.

## Portfolio Impact

We have no ability, or need, to precisely call the market bottom. However, as we look forward, we believe it prudent to prepare for a potential market rebound. As such, we are increasing our weighting to high yield bonds and maintaining exposure to U.S. small cap stocks, recognizing they have historically led over investment grade bonds and large cap, respectively, in rebounds.

Additionally, a less hawkish Fed following a market bottom may moderate U.S. dollar strength and prove to be a tailwind for non-U.S. equity. Therefore, we are maintaining our allocation to non-U.S. equity but based on the greater potential for exogenous events outside of the United States, we do not plan to increase it.



# **Final Thoughts**

2022 was the reset button for many markets. Exiting zero-bound interest rate policies, moderating inflation and repricing global fixed income and equity have all helped sow the seeds for a brighter outlook in 2023 and beyond. While we anticipate volatile asset prices will persist in the years to come, leaning into newly created opportunities may prove to be the right decision over the long-term.



#### **Disclosures and Index Proxies**

This report does not represent a specific investment recommendation. Comparisons to any indices referenced herein are for illustrative purposes only and are not meant to imply that actual returns or volatility will be similar to the indices. Indices cannot be invested in directly. Unmanaged index returns assume reinvestment of any and all distributions and are reported gross of any fees and expenses. Any forecasts represent future expectations and actual returns; volatilities and correlations will differ from forecasts.

When referencing asset class returns or statistics, the following indices are used to represent those asset classes, unless otherwise notes. Each index is unmanaged, and investors can not actually invest directly into an index:

Indices used to generate historical risk and return metrics	Most Recent Index		Index Dates				Index Dates		Linked Index 2	Index Dates			Linked Index 2	100	Index Dates	
Cash	FTSE Treasury Bill 3 Man USD	11/21	-	1/79	H.A.	N.A.	-	N.A.	H.A.	N.A.	-	N.A.	H.A.	N.A.	.[-	N.A.
ST Bonds	Planakorq US Gaal/Cordii 1-3 Yo TR USD	11/21	-	1/79	H.A.	N.A.	-	N.A.	M.A.	N.A.	-	N.A.	H.A.	N.A		N.A.
TIPS	Planakerq US Terraneq US TIPS TR USD	11/21	-	3/97	Dissetore US Ree Dead TR USD	2/97	-	1/79	M.A.	N.A.	-	N.A.	H.A.	N.A		N.A.
Muni Bond	Planebreg Hanisipel S Ye 4-E TR USD	11/21	-	1/88	Dissolving US Agg Dead TR USD	12/87	-	1/79	M.A.	N.A.	-	N.A.	H.A.	N.A.		N.A.
Muni High Yield	Bloomberg HY Muni TR USD	11/21	-	11/35	Planetory Manieipal 5 Ya 4-6 TR USD	10/95	-	1/88	Planskorg US Rag Pand TR USD	12/87	-	1/79	H.A.	N.A.	-	N.A.
US Bond	Bloomborq US Aqq Bond TR USD	11/21	-	1/79	H.A.	N.A.	-	N.A.	M.A.	N.A.	-	N.A.	H.A.	N.A.		N.A.
US Bonds - Dynamic	*Custom Blend of Indices	11/21	-	2/90	Dissabrre US Ree Dead TR USD	1/90	-	1/79	M.A.	N.A.	-	N.A.	H.A.	N.A.		N.A.
For. Dev. Bond	18× CM1 MCS1 1111 SI, 18× CM1 MCS1 1111	11/21	-	1/85	Dissetore US Age Deed TR USD	12/84	-	1/79	M.A.	N.A.	-	N.A.	H.A.	N.A.		N.A.
HY Bond	Planaborq US Carparalo High Yield TR USD	11/21	-	7/83	Dissatore US Age Dead TR USD	6/83	-	1/79	M.A.	N.A.	-	N.A.	H.A.	N.A.		N.A.
EM Bond	JPH GDI-EH GIALAI Diarraifira TR USD	11/21	-	1/03	JPH EMPIGIALI Diarraifira TR USD	12/02	-	1/94	Plansborg US Corporale High Yield TR USD	12/93	-	7/83	Planebrry US Agg Paul TR USD	6/83	Į-	1/79
Global Bonds	Planakorq Glabel Aqqooqelo TR Hdq USD	11/21	-	2/90	Dissatory US Agg Dead TR USD	1/90	-	1/79	M.A.	N.A.	-	N.A.	H.A.	N.A.		N.A.
Global Equity	MSCI ACWI GR USD	11/21	-	1/88	SAP SEE TR USD	12/87		1/79	H.A.	N.A.	-	N.A.	H.A.	N.A		N.A.
US Equity (AC)	Russell 3000 TR USD	11/21	-	1/79	H.A.	N.A.		N.A.	H.A.	N.A.		N.A.	H.A.	N.A	-	N.A.
US Equity (LC)	S&P 500 TR USD	11/21	-	1/79	H.A.	N.A.		N.A.	H.A.	N.A.	-	N.A.	H.A.	N.A.	-	N.A.
US Equity (MC)	Russell Mid Cap TR USD	11/21	-	1/79	H.A.	N.A.		N.A.	H.A.	N.A.	-	N.A.	H.A.	N.A		N.A.
US Equity (SC)	Russell 2000 TR USD	11/21	-	1/79	H.A.	N.A.	-	N.A.	H.A.	N.A.	-	N.A.	H.A.	N.A		N.A.
Int'l Dev. Equity	MSCI EAFE GR USD	11/21	-	1/79	H.A.	N.A.	-	N.A.	M.A.	N.A.	-	N.A.	H.A.	N.A.		N.A.
EM Equity	MSCIEM GR USD	11/21	-	1/88	MSCI EAFE GR USD	12/87	-	1/79	H.A.	N.A.	-	N.A.	H.A.	N.A.	-	N.A.
Real Estate	Wilshire US RESITR USD	11/21	-	1/79	H.A.	N.A.	N	N.A.	H.A.	N.A.	-	N.A.	H.A.	N.A	F	N.A.
Private Real Estate	Wilshire US RESITR USD	11/21	1	1/79	H.A.	N.A.	1	N.A.	H.A.	N.A.	-	N.A.	H.A.	N.A	-	N.A.
Broad Real Assets	S&P Real Asset TR USD	11/21		5/05	'Cualum Real Rearla lades	4/05	0	1/79	H.A.	N.A.	-	N.A.	H.A.	N.A	-	N.A.
Commod. Fut.	BCI+TIPS-CASH	11/21	100	3/97	PCI-AGG-CASH	2/97	-	1/91	GSCI-AGG-CASN	12/90	-	1/79	H.A.	N.A	-	N.A.
Global Infrastructure	DJ Brackfld Global Infra TR USD	11/21	-	2/03	Alerica HLP TR USD	1/03	-	1/96	Wilskipp US RESI TR USO	12/95	-	1/79	H.A.	N.A	-	N.A.
Hedge Funds	HFRI Fund of Funds Compasite USD	11/21	-	1/90	HFH Hodge Food Aggregate Acress	12/89	-	1/79	M.A.	N.A.	-	N.A.	H.A.	N.A		N.A.
Hedge Funds (Liquid)	HFRI Fund of Funds Comparite USD	11/21		1/90	HFH Hodge Food Aggergale Acress			1/79				N.A.		N.A		N.A.
Private Equity	Combridge PE SPX Dagaslas. 55X Vestare					3/86		1/79	H.A.	N.A.		N.A.	H.A.	N.A		N.A.

<sup>\*</sup>US Bonds - Dynamic Index - 1/3 Bloomberg Gbl Agg Ex USD TR Hdg USD, 1/3 FTSE Treasury Bill 3 Mon USD & 1/3 Bloomberg US Corporate High Yield TR USD



#### **Index Definitions**

**The S&P 500** is a capitalization-weighted index designed to measure performance of the broad domestic economy through changes in the aggregate market value of 500 stocks representing all major industries.

 $\textbf{Russell 1000 Growth} \ \ \text{measures the performance of those Russell 1000 companies with higher P/B \ ratios \ and \ higher forecasted growth values.}$ 

Russell 1000 Value measures the performance of those Russell 1000 companies with lower P/B ratios and lower forecasted growth values.

**Consumer Price Index** is a measure of prices paid by consumers for a market basket of consumer goods and services. The yearly (or monthly) growth rates represent the inflation rate.

#### **Material Risks Disclosures**

**Fixed Income** securities are subject to interest rate risks, the risk of default and liquidity risk. U.S. investors exposed to non-U.S. fixed income may also be subject to currency risk and fluctuations.

Cash may be subject to the loss of principal and over longer period of time may lose purchasing power due to inflation.

**Domestic Equity** can be volatile. The rise or fall in prices take place for a number of reasons including, but not limited to changes to underlying company conditions, sector or industry factors, or other macro events. These may happen quickly and unpredictably.

**International Equity** can be volatile. The rise or fall in prices take place for a number of reasons including, but not limited to changes to underlying company conditions, sector or industry impacts, or other macro events. These may happen quickly and unpredictably. International equity allocations may also be impact by currency and/or country specific risks which may result in lower liquidity in some markets.

**Real Assets** can be volatile and may include asset segments that may have greater volatility than investment in traditional equity securities. Such volatility could be influenced by a myriad of factors including, but not limited to overall market volatility, changes in interest rates, political and regulatory developments, or other exogenous events like weather or natural disaster.

**Private Equity** involves higher risk and is suitable only for sophisticated investors. Along with traditional equity market risks, private equity investments are also subject to higher fees, lower liquidity and the potential for leverage that may amplify volatility and/or the potential loss of capital.

**Private Credit** involves higher risk and is suitable only for sophisticated investors. These assets are subject to interest rate risks, the risk of default and limited liquidity. U.S. investors exposed to non-U.S. private credit may also be subject to currency risk and fluctuations.